

GULAB BAI YADAV SMRITI SHIKSHA MAHAVIDYALAYA, BORAWAN

NAAC
ACCREDITED
GRADE "B"

TEH-KASRAWAD, DISTRICT-KHARGONE (M.P.)

Recognized by NCTE, Affiliated by Devi Ahilya Vishwavidyalaya Indore



One Day Workshop on “Living Value Education Workshop”

THEME: Teacher Student Workshop

REPORT: Living Value Education for Student Teacher

DATE: Friday, 12 January 2018

CONDUCTED BY: Gulab Bai Yadav Smriti Shiksha Mahavidyalaya, Borawan

RESOURCE PERSON: JAIN MUNI PRANAM SAGAR JI

WORKSHOP REPORT

Living Value Based Education has become a necessity for the student's teachers considering the dearth of values and disciplinary issues in the growing children today. It creates a positive learning environment that enhances academic attainment and develops students' social and emotional skills that last throughout their lives. Considering the lack of value system in the growing children today and how parents are not able to impart and instil the right values, Valued Based Education in the Teacher Training Institute have become the need of the day .

A workshop to emphasise the importance of rekindling and reviving the values among the student teachers was conducted at Gulab Bai Yadav Smriti shiksha Mahavidyalaya, Borawan. The speaker **Jain Muni PRANAM SAGAR JI**, highlighted the role to be played by teachers who as facilitators have a greater impact on the lives of the students they interact with.

A lot of ideas and ways to bring forth the change and instil good values amongst the students were shared. It was an enriching and insightful experience for the participants.


Convener
Manoj Kaushle




Principal

Prof. S.K. Tiwari
Prof. S.K. Tiwari
Principal

Swa. Gulab Bai Yadav Smriti
Shiksha Mahavidhyalaya

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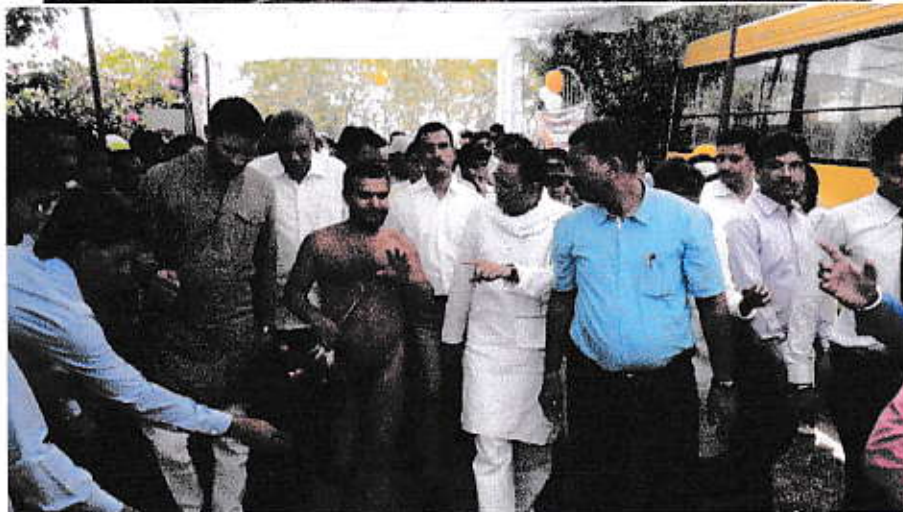
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Photos

One Day Workshop on

"Living Value Education Workshop"



Prof. S.K. Tiwari
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Swa. Gulab Bai Yadav Smriti
Shiksha Mahavidhyalaya
BORAWAN (M.P.)

www.gbyssm.com

Telephone No: 07282-277854

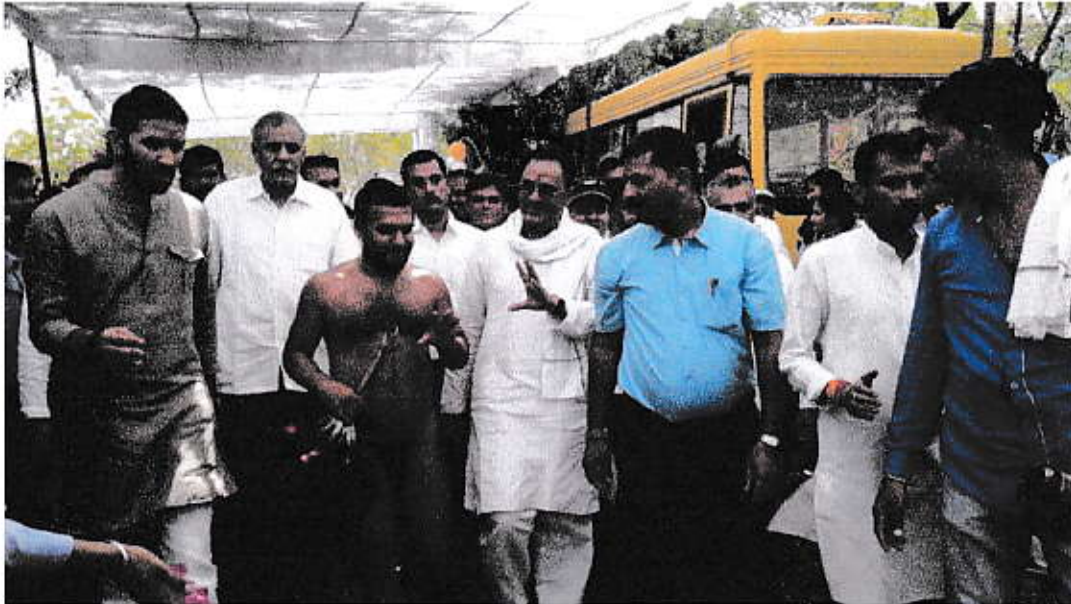
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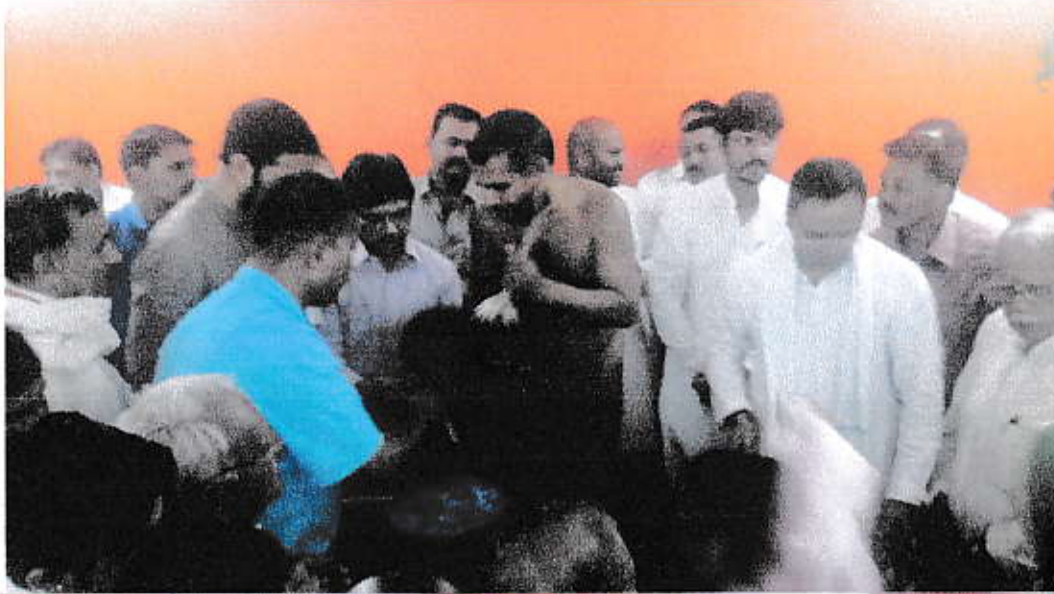
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Report on Special Lecture

"Stress Management during Covid-19"

Resource Person: Dr. Vaishali Tiwari

Date: 07th August 2020


Platform: Google Meet

Time: 02:00 To 04: 00 pm

A Special Lecture on **Stress Management during Covid 19 – "Stop Stress Before It Stops You"** was organized by the Gulab Bai yadav Smriti Shiksha Mhavidhyalay, Borawan **7th August 2020**. The session was open for all B.Ed and M.Ed Student, faculty students of all GBYSSM, Borawan, 256 Student Registration and Attend this Special Lecture. Smt Vaishali Tiwari Principal, Madhuban college Management, Barwani Was invited as the resource person for the Programme. The Resource person who is working at Madhuban College of management Barwani, helps students to improve their life skills like self-awareness, procrastination, study skills, goal setting, stress management, communication skills etc. She also provides online counselling services through **Madhuban College of Management Barwani**.

The Special lecture was hosted on Google meet Platform and a WhatsApp group was created for the registered candidates. All the instructions were given to the candidates through what's app group. The session started at 02.00 PM by a welcome note and the introduction to the resource person by Manjulata Gupta Assistant Professor Principal addressed the participants and highlighted the objective of the This Programme and conveyed the best wishes. Mr. Kundanlal Verma, in the Special Lecture, spoke about the importance of managing the stress during the pandemic covid 19. She educated the participants about the wrong steps taken by the people in managing the stress. She also suggested them the right procedures/ steps to be taken to manage stress as it is important to maintain strong mental health along with the physical fitness. A therapy of 10 minutes related to relax during stress was held to all the participants. The last 15minutes of the session was reserved for the question – answer/ discussion.


Convener
Dinesh Muzalda


Principal
Dr. Surendra Kumar Tiwari
Prof. S.K. Tiwari
Principal
Swa. Gulab Bai Yadav Smriti
Shiksha Mahavidhyalaya
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COLLEGE VISIT TO HANUWANTIA TAPU ON 15/02/2020

All the Teachers and Students from the College visited Hanuwantia on 15/02/2020. Hanuwantia tourist place is one of the most popular tourist destinations of Khandwa which is famous for its beautiful view and water sports activities and its picture square environment, sports activities attracts thousands of tourists every year. The students of the institution were taken there for sightseeing. Educational Tours are included in the curriculum. College principal Dr. Surendra Kumar Tiwari, other staff and family, students were present on this visit.

Addressing all the students at Hanuwantia Visit tourist place, college Principal Dr. Surendra Kumar Tiwari said that co-curricular activities are equally important in education along with curriculum. As much as the subject matters, this tourist destination will help the students to broaden their perspectives.



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Principal

www.gbyssm.com

Telephone No: 07282-277854

Email: principal.gbyssm@gmail.com

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Academic Year 2021-2022

WORKSHOP ON 'ARTS AND CRAFT'

10/09/2021

A workshop on Demonstration of Art & Craft items and preparation of teaching aids was organized on 10th September 2021. The chief guest Dr. Kiran Pawar, Assistant professor Vaishnav Institute for Teachers Training ,Indore , a renowned artist demonstrated free hand painting to the students. The student teachers had hands-on experience on preparation of teaching learning material with best out of waste material. Content-specific models were prepared by the students of both B.Ed. (2021-22) & M.Ed. (2021-22) and displayed.


The different types of aids prepared by the students were

Visual aids: charts, models, flashcards, worksheets, puzzles, picture books, album on eminent personalities etc., on different concepts for classes 7th to 10th class NCERT textbooks.

Audio Visual aids: Hand puppets, Shadow puppets, Projector slides, PowerPoint presentations,


Innovative aids : Art, Drama, Role Play, Dance, ICT based applications like GeoGebra, Virtual labs, Phet simulations were prepared by the students



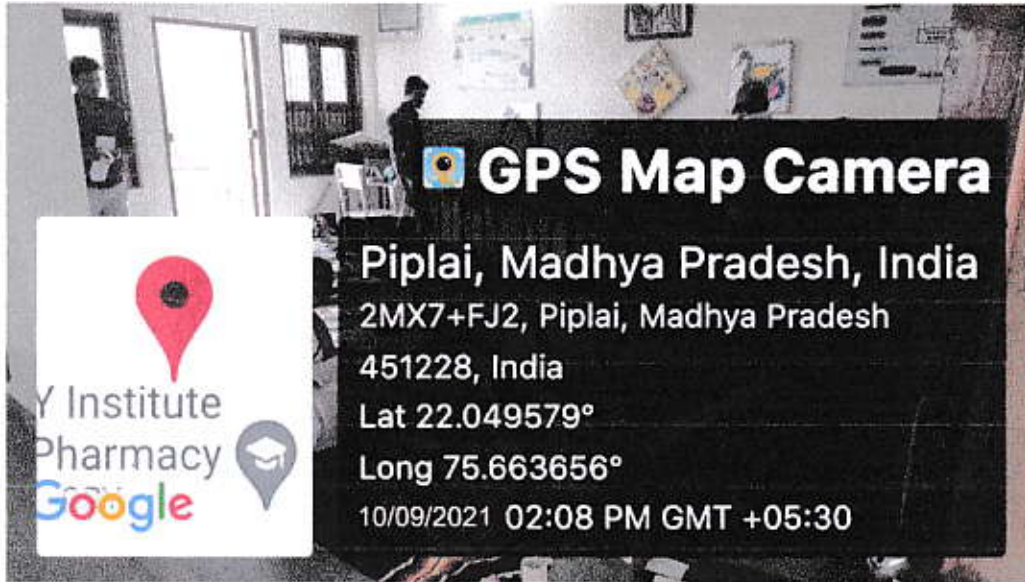

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Principal
Swa. Gulab Bai Yadav Smriti
Shiksha Mahavidhyalaya
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Workshop On "Art & Craft"




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Shiksha Mahavidhyalaya
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Academic Year 2021-2022

Workshop on "Yoga and its benefits"

12/01/2022

A workshop on 'Yoga and its benefits' was organized for college students on 12st January, 2022. The session began by seeking the blessings of the Almighty by chanting the Gayatri Mantra. Asanas starting with warming up and stretching were followed by a series of Padmasanas, Sukhasan, Tadasana, Bhujang Asana and ending with Shavasana. Exercises for relieving stress, reducing joint pain and enhancing the flexibility of the back were also done for the benefit of the teachers.

The Principal, Prof S. K. Tiwari motivated the staff and conveyed the importance of making yoga an integral part of our daily life by extending the practice of yoga beyond the mat. The session concluded with an interactive session between the instructor and the teachers in which the queries of the teachers were addressed satisfactorily. The session was very refreshing, reviving and relaxing

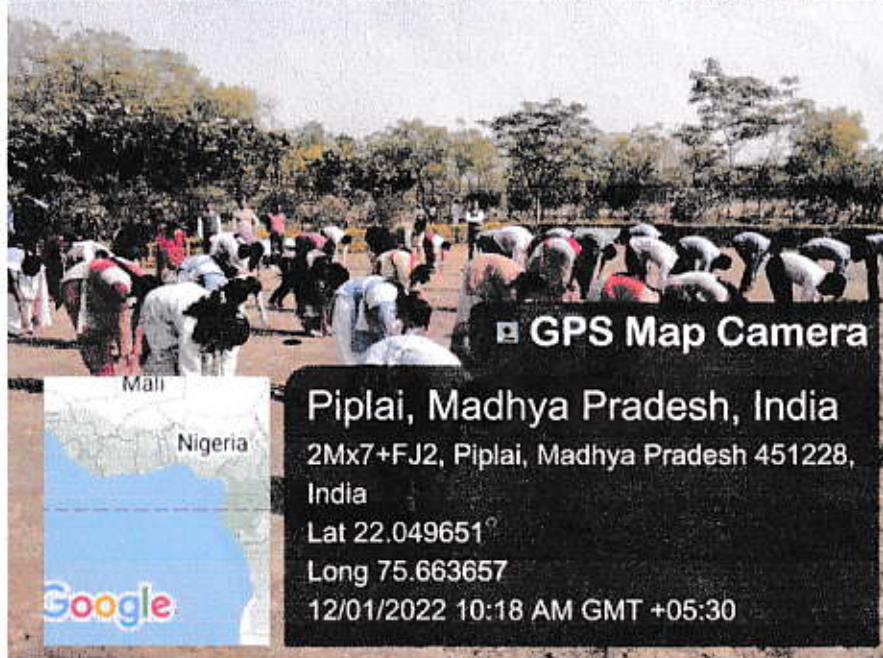
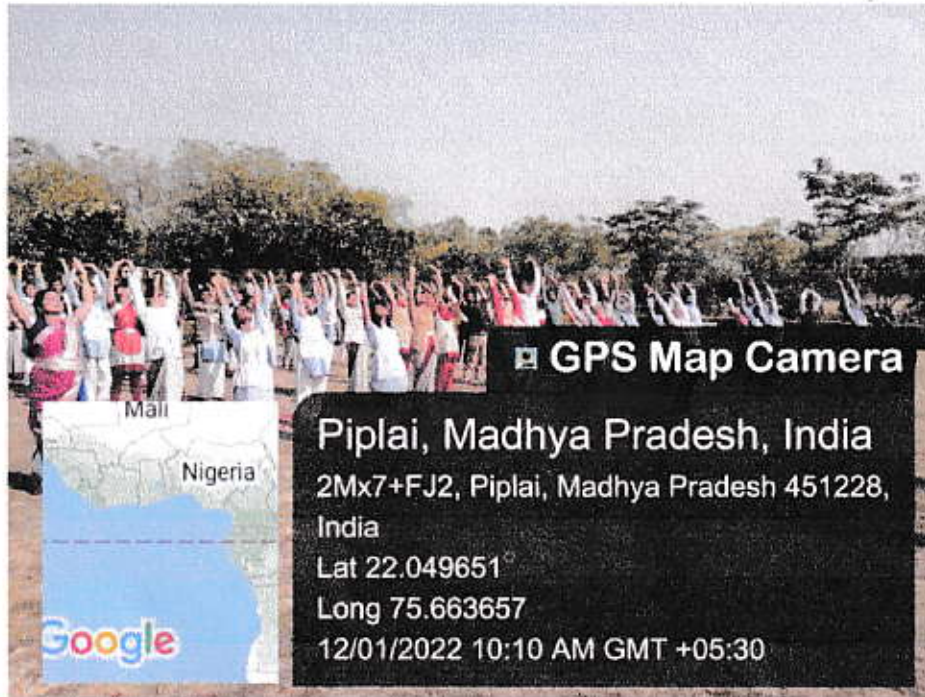


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Shiksha Mahavidhyalaya
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Workshop on “ Yoga and its Benefits”



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“Group Discussion”

Student teachers, during their mentor mentee session conducted on 12/10/2021, were assigned a group discussion detailing the hardships they faced during their course of study and their internship. Mentor encouraged them to speak and counselled them in the hope that talking about your issues is cathartic.

Students learn the attributes of listening and speaking, being tactful and helping each other.



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"Stress busting with Sports"

The mentor of M.Ed. students organized a small sports activity, to allow students to let off steam and enjoy themselves, taking a break from their studies and other issues. It inculcates physical fitness as well.

Students learn the importance of leisure and taking up activities that give them a balanced mental attitude.



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"Dance activity"

M.Ed. students were assigned a dance activity during their mentee session held on 09/04/2021. Students prepared their dance activity, dressed up too and participated with much enthusiasm. This helped the students diffuse the stress of their work and enjoy themselves.

Students learn the importance of taking up activities that give them a balanced mental attitude and have fun.



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"Indoor Games"

Mentors organized an indoor game session for their mentees. Students played Chess and Carrom board.

Students acquire the quality of taking out time for leisure, time management and coping skills.



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